

# Provider Well-being and Burnout ECHO

SPRING 2023



Join us for presentations, discussions  
and community building.  
Connect through Zoom.



## Who should attend?

- All providers in New Mexico (MDs, DOs, PAs, clinical pharmacists, psychologists, NPs) are welcome to attend

## Benefits

- Earn up to 1 AMA PRA Category 1 Credit™ per session
- Create a sustainable career and reduce burnout
- Experience your own joy in medicine
- Limit the effects of burnout in people in your healthcare ecosystem
- Help make your workplace more rewarding
- Free activity

## Learning Objectives

- Learn practices to support your well-being
- Identify system-level drivers of burnout
- Learn about your burnout and ways to mitigate its effects
- Take action to make changes and create a more well-being-centered work environment

**Noon Sessions: 12 p.m. – 1 p.m.,  
first Wednesday of each month**

02/01/23	<b>Leadership's Influence on Wellness at Work</b> Register <a href="#">here</a>
03/01/23	<b>To Err is Human, Forgiving Ourselves is Divine</b> Register <a href="#">here</a>
04/05/23	<b>Our Physical Selves</b> Register <a href="#">here</a>
05/03/23	<b>The Value of Taking Your Own Pulse</b> Register <a href="#">here</a>



Scan or visit <https://qrco.de/bbna2O> to join a clinic or learn more about Project ECHO.

Contact the clinic coordinator at [PWB\\_ECHO@phs.org](mailto:PWB_ECHO@phs.org) for more information.

Credit Designation: Presbyterian Healthcare Services designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: Presbyterian Healthcare Services is accredited by the New Mexico Medical Society (NMMS) to provide continuing medical education for physicians.

Disclosure: None of the planners of this CME activity have any relevant information to disclose to learners.